

Plant Guide to Adobe Loop Trail, Santa Rosa Plateau

Mile s	#	id?	Common Name	Latin Name	#here	#all
0.00			Begin the loop at the south entrance, immediately south of the largest Adobe / Porta-Potty / parking lot. Sign: "Adobe Loop Trail / Punta Mesa Trail; to Monument Hill Road 2.4 mi; to Adobe Loop Jct. 0.4 mi"; elevation 1840 feet (561 m)			
0.00	b	1	*California burclover	<i>Medicago polymorpha</i>	99 / 9	40
0.00	b	2	*short-fruited filaree	<i>Erodium brachycarpum</i>	20 / 9	14
0.00	l		(bull thistle, <i>Cirsium vulgare</i>)			
0.00	b	3	*shortpod mustard	<i>Hirschfeldia incana</i>	99 / 9	51
0.00	b	4	*redstem filaree	<i>Erodium cicutarium</i>	99 / 9	55
0.00	b	5	*soft chess	<i>Bromus hordeaceus</i>	99 / 9	40
0.00	r	6	*hairy rattail fescue	<i>Vulpia myuros</i> var. <i>hirsuta</i>	99 / 9	19
0.00	b	7	*Italian rye-grass	<i>Lolium multiflorum</i>	99 / 9	18
0.00	b	8	*wild oats	<i>Avena fatua</i>	99 / 9	26
0.00	r	9	*white-stemmed filaree	<i>Erodium moschatum</i>	30 / 2	20
0.00	b	10	*foxtail barley	<i>Hordeum murinum</i> ssp. <i>glaucum</i>	30 / 3	13
0.00	c	11	*narrowleaf filago	<i>Filago gallica</i>	99 / 9	45
0.00	b	12	*ripgut brome	<i>Bromus diandrus</i>	99 / 9	52

0.00	l	13	*prickly sow thistle	<i>Sonchus asper ssp. asper</i>	20 / 7	30
0.00	r	14	purple needlegrass	<i>Nassella pulchra</i>	50 / 9	20
0.00		15	California everlasting	<i>Gnaphalium californicum</i>	20 / 9	43
0.00	r	16	horseweed	<i>Conyza canadensis</i>	5 / 3	37
0.00	l	17	*horehound	<i>Marrubium vulgare</i>	50 / 9	32
0.00	r	18	coast live oak	<i>Quercus agrifolia var. agrifolia</i>	20 / 9	42
0.00	r	19	*tall fescue	<i>Festuca arundinacea</i>	1 / 1	3
0.00	b	20	*prickly lettuce	<i>Lactuca serriola</i>	99 / 9	42
0.00			Cross through opening in fence missing its gate.			
0.00	c	21	*shepherd's purse	<i>Capsella bursa-pastoris</i>	30 / 2	10
0.00	r	22	*cheeseweed	<i>Malva parviflora</i>	20 / 2	17
0.01	r	23	*sow thistle	<i>Sonchus oleraceus</i>	10 / 5	42
0.02	c	24	*knotweed	<i>Polygonum arenastrum</i>	20 / 5	20
0.02	r		(stinking gourd, <i>Cucurbita foetidissima</i>)			
0.02	b	25	*curly dock	<i>Rumex crispus</i>	20 / 9	23
0.03	r		(common fiddleneck, <i>Amsinckia menziesii var. intermedia</i>)			
0.03	c	26	red maids	<i>Calandrinia ciliata</i>	/	17
0.03			Cross through open gate in fence			

0.82	l	158	*English plantain	<i>Plantago lanceolata</i>	1 / 1	19	0.04	r	27	graceful tarplant	<i>Holocarpha virgata ssp. elongata</i>	50 / 9	15
0.82	b	159	*spearmint	<i>Mentha spicata var. spicata</i>	10 / 1	4	0.05	l	28	hollyleaf redberry	<i>Rhamnus ilicifolia</i>	5 / 3	43
0.82	l	160	water cress	<i>Rorippa nasturtium-aquaticum</i>	2 / 1	11	0.05	r	29	blue-eyed grass	<i>Sisyrinchium bellum</i>	20 / 9	19
0.82	l	161	Hooker's evening-primrose	<u><i>Oenothera elata ssp. hirsutissima</i></u> ⁺	2 / 1	10	0.05	l		Beware the bee's nest at the base of the hollyleaf redberry in 2002 and 2003!			
0.82	l		(giant chain fern, <i>Woodwardia fimbriata</i>)				0.05	l		New shed in 2004			
0.82	l	162	scarlet monkeyflower	<i>Mimulus cardinalis</i>	2 / 1	15	0.06	l		(California buckwheat, <i>Eriogonum fasciculatum var. foliolosum</i>)			
0.82			End bridge				0.06	l	30	*windmill pink	<i>Silene gallica</i>	/	33
0.82	r	163	clustered field sedge	<i>Carex praegracilis</i>	3 / 2	9	0.07	l	31	purple sanicle	<i>Sanicula bipinnatifida</i>	50 / 9	11
0.83			Trail turns left 90°				0.07	l	32	blue dicks	<i>Dichelostemma capitatum ssp. capitatum</i>	50 / 9	46
0.83	l	164	*little horseweed	<i>Conyza bonariensis</i>	1 / 1	16	0.07	l	33	checkerbloom	<i>Sidalcea malviflora ssp. sparsifolia</i>	50 / 9	25
0.85	l		(greater periwinkle, <i>Vinca major</i> , on far bank)				0.07	l		The Earl W. Lathrop Bench.			
0.87	l	165	Vasey's prickly-pear	<i>Opuntia vaseyi</i>	1 / 1	24	0.09	l	34	*slender wild oats	<i>Avena barbata</i>	10 / 1	40
0.89	l		Sign: "Sensitive wetland area. Do not enter".				0.11			Cross drainage			
0.89			Trail jogs right. Note granary branch on ground; it was hanging just above your head over the trail until 2006				0.12	r	35	purple clarkia	<i>Clarkia purpurea ssp. quadrivulnera</i>	99 / 9	26
0.90	l	166	*orchard-grass	<i>Dactylis glomerata</i>	20 / 2	3	0.13	r	36	southern miner's lettuce	<i>Claytonia perfoliata ssp. mexicana</i>	40 / 9	25
0.90	l	167	*whorled dock	<i>Rumex conglomeratus</i>	1 / 1	11	0.13	r	37	western buttercup	<i>Ranunculus occidentalis</i>	99 / 9	6

0.14	r	38	dwarf lupine	<i>Lupinus bicolor</i>	50 / 9	29									water cress, <i>Rorippa nasturtium-aquaticum</i>)
0.14	c	39	shining peppergrass	<i>Lepidium nitidum</i> var. <i>nitidum</i>		/	6			0.69	r				(deergrass, <i>Muhlenbergia rigens</i>)
0.14	b	40	California-aster	<i>Lessingia filaginifolia</i> var. <i>filaginifolia</i>	30 / 9		51			0.70	l				Sign: "Trail Closed" (for path leading to Reserve Resource Manager's House)
0.14	b	41	*smooth cat's ear	<i>Hypochaeris glabra</i>	99 / 9		35			0.72	r				(pecan, <i>Carya illinoensis</i>)
0.14	b		Fenceposts							0.72	r	151			*dallis grass <i>Paspalum dilatatum</i> 1 / 1 10
0.14	l	42	Engelmann oak	<i>Quercus engelmannii</i>	1 / 1		23			0.73	l	152			Indian milkweed <i>Asclepias eriocarpa</i> 10 / 2 18
0.15	l	43	climbing bedstraw	<i>Galium nuttallii</i> ssp. <i>nuttallii</i>	10 / 9		30			0.73	r				(bristly ox-tongue, <i>Picris echioides</i>)
0.15	b	44	*hedge parsley	<i>Torilis nodosa</i>	99 / 9		14			0.73					Enter riparian woodland.
0.15	r	45	slender madia	<i>Madia gracilis</i>	50 / 9		19			0.76	r				Sign: "When Rock and Water Meet" (tenaja); go to the tenaja for the next two species
0.15	r	46	sticky cinquefoil	<i>Potentilla glandulosa</i> ssp. <i>glandulosa</i>	10 / 2		17			0.76	r	153			panicked bulrush <i>Scirpus microcarpus</i> 30 / 2 2
0.15	r	47	southern honeysuckle	<i>Lonicera subspicata</i> var. <i>denudata</i>	20 / 9		40			0.76	r	154			*grass poly <i>Lythrum hyssopifolia</i> 5 / 1 15
0.15	r	48	coast-range melic	<i>Melica imperfecta</i>	50 / 9		43			0.79	l				Red bench
0.15	b	49	toyon	<i>Heteromeles arbutifolia</i>	3 / 3		44			0.81	l				Virginia C. House Bench
0.15	r	50	common bedstraw	<i>Galium aparine</i>	99 / 9		38			0.82					Begin bridge over Ranch Creek
0.15	b	51	poison oak	<i>Toxicodendron diversilobum</i>	99 / 9		43			0.82	l	155			narrow-leaf milkweed <i>Asclepias fascicularis</i> 5 / 1 8
0.15	r	52	laurel sumac	<i>Malosma laurina</i>	10 / 3		42			0.82	l	156			sand spikerush <i>Eleocharis montevidensis</i> 10 / 1 7
										0.82	l	157			Pacific rush <i>Juncus effusus</i> var. <i>pacificus</i> 1 / 1 4

0.17	r	Beautiful field of shooting stars.				0.45	l	129	Spanish clover	<i>Lotus purshianus</i> var. <i>purshianus</i>	/	31
0.17	l	(American vetch, <i>Vicia americana</i> var. <i>americana</i> ; white-flowering currant, <i>Ribes indecorum</i>)				0.45	l	130	Chinese houses	<u>Collinsia heterophylla</u> [±]	50 / 2	14
0.17	b	64 slender cottonweed	<i>Micropus californicus</i> var. <i>californicus</i>	99 / 5	7	0.45	r	131	giant wild-rye	<i>Leymus condensatus</i>	2 / 2	27
0.17	r	65 California lotus	<i>Lotus wrangelianus</i>	99 / 5	4	0.45	b		common chickweed, <i>Stellaria media</i> , with petals			
0.17	l	66 Gambel's dwarf milk-vetch	<i>Astragalus gambelianus</i>	40 / 2	4	0.47	l	132	basketbush	<i>Rhus trilobata</i>	1 / 1	24
						0.52	r		(Beehive in tree)			
0.17	l	67 vinegar weed	<i>Trichostema lanceolatum</i>	10 / 2	15	0.52	r	133	telegraph weed	<i>Heterotheca grandiflora</i>	/	37
0.17	b	68 *nit grass	<i>Gastridium ventricosum</i>	99 / 9	26	0.53	l	134	tree clover	<i>Trifolium ciliolatum</i>	10 / 1	12
0.17	b	69 *red brome	<i>Bromus madritensis</i> ssp. <i>rubens</i>	/	53	0.54	l	135 ~	*yellow salsify	<u>Tragopogon dubius</u> [±]	1 / 1	13
0.17	l	70 *goldentop	<i>Lamarckia aurea</i>	10 / 1	24	0.54	r	136	western sycamore	<i>Platanus racemosa</i>	1 / 1	27
0.18	l	(San Diego wreathplant, <i>Stephanomeria diegensis</i>)				0.54	b	137	*bull thistle	<i>Cirsium vulgare</i>	30 / 9	19
0.19	r	71 johnny jump-up	<i>Viola pedunculata</i>	20 / 4	16	0.55			Trail turns left 90°			
0.19	l	72 California buckwheat	<i>Eriogonum fasciculatum</i> var. <i>foliolosum</i>	3 / 2	51	0.55	r	138	western ragweed	<i>Ambrosia psilostachya</i>	50 / 9	37
0.19	r	73 California plantain	<i>Plantago erecta</i>	99 / 9	13	0.56	l	139	*sourclover	<i>Melilotus indicus</i>	5 / 1	24
						0.56	l		Field of autumn willowweed, <i>Epilobium brachycarpum</i>			
0.19	r	74 earth brodiaea	<i>Brodiaea terrestris</i> ssp. <i>kernensis</i>	10 / 1	7	0.56	l	140	autumn willowweed	<i>Epilobium brachycarpum</i>	10 / 1	4
0.19	r	Nice field of needlegrass.				0.56	r	141	arroyo willow	<i>Salix lasiolepis</i>	2 / 2	35
0.21	b	75 *mouse-ear chickweed	<i>Cerastium glomeratum</i>	50 / 9	19	0.57	b	142	*Himalaya blackberry	<i>Rubus discolor</i>	10 / 3	3

0.39	l	117	*scarlet pimpernel	<i>Anagallis arvensis</i>	50 / 9	33	0.21	r	(Italian thistle, <i>Carduus pycnocephalus</i>)				
0.39	r	118	long-leaf plantain	<i>Plantago elongata</i>	99 / 2	2	0.21	r	(soap plant, <i>Chlorogalum pomeridianum</i> var. <i>pomeridianum</i>)				
0.40	r	119	eucrypta	<i>Eucrypta chrysanthemifolia</i> var. <i>chrysanthemifolia</i>	20 / 3	25	0.21	r	76	three spot	<i>Osmadenia tenella</i>	30 / 1	15
0.41	b	120	rusty-haired popcorn flower	<i>Plagiobothrys nothofulvus</i>	40 / 3	13	0.22	r	77	*sand spurrey	<i>Spergularia bocconeii</i>	20 / 2	14
0.42	l	121	*hedge mustard	<i>Sisymbrium officinale</i>	50 / 4	20	0.23	r	78	coast jepsonia	<i>Jepsonia parryi</i>	30 / 2	15
0.42	r		(Woodrat's nest in tree)				0.23	r	79	*barbgrass	<i>Hainardia cylindrica</i>	40 / 2	1
0.43	b	122	Pomona locoweed	<i>Astragalus pomonensis</i>	2 / 1	11	0.24	l	80	deerweed	<i>Lotus scoparius</i> var. <i>scoparius</i>	40 / 5	29
0.43	l	123	canchalagua	<i>Centaurium venustum</i>	3 / 1	15	0.24	b	81	Torrey's scrub oak	<i>Quercus acutidens</i>	50 / 9	26
0.43	r	124 ~	canyon clarkia	<i>Clarkia epilobioides</i>	10 / 1	11	0.24	r	82	wild-cucumber	<i>Marah macrocarpus</i> var. <i>macrocarpus</i>	4 / 4	44
0.43	b	125	rattlesnake weed	<i>Daucus pusillus</i>	40 / 9	29	0.24	r	83	heartleaf penstemon	<i>Keckiella cordifolia</i>	10 / 3	28
0.43	l		(white everlasting, <i>Gnaphalium canescens</i> ssp. <i>microcephalum</i>)				0.24	r	84	splendid mariposa lily	<i>Calochortus splendens</i>	10 / 9	20
0.43	l	126	short-winged deerweed	<i>Lotus scoparius</i> var. <i>brevialatus</i>	2 / 1	23	0.24	r	85	soap plant	<i>Chlorogalum pomeridianum</i> var. <i>pomeridianum</i>	50 / 9	19
0.44			Jct. with Punta Mesa Trail; go left; elevation 1800 feet (549 m); sign: "Adobe Loop / Punta Mesa Trail"; trail now descends				0.24	r	86	white-flowering currant	<i>Ribes indecorum</i>	1 / 1	22
0.44	r	127	strigose lotus	<i>Lotus strigosus</i>	2 / 1	35	0.24	r	87	Pacific sanicle	<i>Sanicula crassicaulis</i>	30 / 9	20
0.44	r	128	southern Indian pink	<i>Silene laciniata</i> ssp. <i>major</i>	/	20	0.24	r	88	holly-leaf navarretia	<i>Navarretia atractyloides</i>	50 / 9	9
							0.24	r	89	*tiny bedstraw	<i>Galium murale</i>	99 / 9	2

