

Laguna Mountains: Plant Guide to Garnet Peak from Penny Pines

Mile S	#	id?	Common Name	Latin Name	#Pls
TH			Begin guide at Penny Pines entrance on the left (north), not the PCT entrance on the right; elevation 5430 feet (1650 m). Area near trailhead burned in 2003 and again in 2013. Species in the parking area, up to where the trail goes through an opening in a fence, are listed in alphabetical order by scientific name.		
TH	1	1	yarrow	<i>Achillea millefolium</i>	30 / 5
TH	b	2	Sierra Nevada lotus	<i>Acmispon nevadensis</i> var. <i>nevadensis</i>	/
TH	r	3	strigose lotus	<i>Acmispon strigosus</i>	10 / 3
TH	r	4	bur-ragweed	<i>Ambrosia acanthicarpa</i>	20 / 1
TH	r	5	mountain mugwort	<i>Artemisia ludoviciana</i> ssp. <i>incompta</i>	50 / 2
TH	r	6	big sagebrush	<i>Artemisia tridentata</i>	99 / 9
TH	r	7	California brome	<i>Bromus carinatus</i> var. <i>carinatus</i>	50 / 9
TH	r	8	*downy brome	<i>Bromus tectorum</i>	99 / 9
TH	r	9	incense-cedar	<i>Calocedrus decurrens</i>	2 / 1
TH	r	10	southern suncup	<i>Camissoniopsis bistorta</i>	/
TH	r	11	cupped-leaf ceanothus	<i>Ceanothus perplexans</i>	50 / 5
TH	l	12	Fremont's goosefoot	<i>Chenopodium fremontii</i>	2 / 2
TH	r	13	California-aster	<i>Corethrogyne filaginifolia</i>	50 / 9
TH	r	14	prickly cryptantha	<i>Cryptantha muricata</i>	/
TH	r	15	western tansy-mustard	<i>Descurainia pinnata</i>	10 / 2
TH	r	16	blue dicks	<i>Dichelostemma capitatum</i> ssp. <i>capitatum</i>	10 / 3
TH	l	17	autumn willowweed	<i>Epilobium brachycarpum</i>	5 / 1
TH	r	18	sapphire woolly-star	<i>Eriastrum sapphirinum</i>	/
TH	l	19	leafy daisy	<i>Erigeron foliosus</i> var. <i>foliosus</i>	30 / 9
TH	r	20	Wright's buckwheat	<i>Eriogonum wrightii</i> var. <i>membranaceum</i>	99 / 9
TH	b	21	*redstem filaree	<i>Erodium cicutarium</i>	99 / 9
TH	b	22	*rattail fescue	<i>Festuca myuros</i>	99 / 4
TH	r	23	phlox-leaved bedstraw	<i>Galium andrewsii</i> ssp. <i>andrewsii</i>	5 / 3
TH	r	24	fragrant everlasting	<i>Pseudognaphalium beneolens</i>	1 / 1
TH	r	25	matchweed	<i>Gutierrezia sarothrae</i>	99 / 9
TH	b	26	*shortpod mustard	<i>Hirschfeldia incana</i>	5 / 1
TH	r	27	*foxtail barley	<i>Hordeum murinum</i>	10 / 2
TH	b	28	*prickly lettuce	<i>Lactuca serriola</i>	3 / 2
TH	b	29	wild pepper-grass	<i>Lepidium virginicum</i> ssp. <i>menziesii</i>	30 / 3
TH	b	30	common linanthus	<i>Leptosiphon parviflorus</i>	99 / 9
TH	b	31	*pineapple weed	<i>Matricaria discoidea</i>	/
TH	r	32	imbricate phacelia	<i>Phacelia imbricata</i> var. <i>patula</i>	50 / 9
TH	b	33	Jeffrey pine	<i>Pinus jeffreyi</i>	1 / 1
TH	r	34	*bulbous blue grass	<i>Poa bulbosa</i> ssp. <i>vivipara</i>	5 / 1
TH	l	35	*knotweed	<i>Polygonum aviculare</i> ssp. <i>depressum</i>	20 / 1
TH	r	36	*garden burnet	<i>Poterium sanguisorba</i>	1 / 1
TH	r	37	California black oak	<i>Quercus kelloggii</i>	5 / 1

TH	b 38	*tumble-mustard	<i>Sisymbrium altissimum</i>	99 / 9
TH	b 39	Indian clover	<i>Trifolium albopurpureum</i>	50 / 9
TH	l 40	tomcat clover	<i>Trifolium willdenovii</i>	/
TH	l 41	silver puffs	<i>Uropappus lindleyi</i>	30 / 5
0.01	l	Cross through opening in fence, and begin listing species in order along the trail; sign PCT		
0.01	r 42	one-sided bluegrass	<i>Poa secunda ssp. secunda</i>	10 / 1
0.01	r 43	Palmer's ceanothus	<i>Ceanothus palmeri</i>	50 / 5
0.01	l 44	squirreltail	<i>Elymus elymoides</i>	30 / 9
0.01	r 45	ssp blue wildrye	<i>Elymus glaucus ssp. glaucus</i>	50 / 9
0.01	b 46	sp	<i>Phacelia or Nemophila</i>	/
0.01	r 47	lace-pod	<i>Thysanocarpus laciniatus</i>	/
0.01	l 48	coastal gilia	<i>Gilia diegensis</i>	10 / 1
0.01	r 49	Laguna manzanita	<i>Arctostaphylos glandulosa ssp. adamsii</i>	99 / 9
0.01	l 50	slender madia	<i>Madia gracilis</i>	20 / 3
0.01	l 51	goldenstar	<i>Bloomeria crocea</i>	20 / 3
0.01	b 52	spear-leaved mountain dandelion	<i>Agoseris retrorsa</i>	20 / 3
0.01	r	Trail curves right		
0.01	l	(Coulter pine, <i>Pinus coulteri</i> ; California thistle, <i>Cirsium occidentale var. californicum</i>)		
0.01	l 53	Parish's purple nightshade	<i>Solanum parishii</i>	20 / 9
0.01	b 54	large-flowered collomia	<i>Collomia grandiflora</i>	50 / 9
0.01	l 55	Parish' Jacumba milk-vetch	<i>Astragalus douglasii var. parishii</i>	1 / 1
0.02		Trail curves right.		
0.02	r	(San Diego sunflower, <i>Hulsea californica</i> ; western wallflower, <i>Erysimum capitatum var. capitatum</i>)		
0.02	l 56	woolly-fruited lomatium	<i>Lomatium dasycarpum ssp. dasycarpum</i>	10 / 2
	57	popcorn flower	<i>Cryptantha intermedia var. intermedia</i>	10 / 1
0.02	r 58	whisker-brush	<i>Leptosiphon ciliatus</i>	10 / 1
0.02	b 59	checkerbloom	<i>Sidalcea sparsifolia</i>	10 / 3
0.03	r 60	western morning-glory	<i>Calystegia occidentalis ssp. fulcrata</i>	10 / 2
0.03	r 61	poodle-dog bush	<i>Eriodictyon parryi</i>	99 / 9
0.03	l 62	miner's lettuce	<i>Claytonia perfoliata ssp. perfoliata</i>	20 / 2
0.04	l	(field of little monardella, <i>Monardella nana</i> ; short-lobed phacelia, <i>Phacelia brachyloba</i>)		
0.04	l 63	Lewis' flax	<i>Linum lewisii var. lewisii</i>	25 / 2
0.04	l 64	Indian Valley bush mallow	<i>Malacothamnus aboriginum</i>	25 / 5
0.04	l 65	birch-leaf mountain-mahogany	<i>Cercocarpus betuloides var. betuloides</i>	50 / 9
0.04	r 66	June grass	<i>Koeleria macrantha</i>	50 / 9
0.04	l 67	twiggy wreath plant	<i>Stephanomeria virgata</i>	5 / 2
0.04	l 68	scarlet bugler	<i>Penstemon centranthifolius</i>	5 / 3
0.06	r 69	*yellow salsify	<i>Tragopogon dubius</i>	5 / 2
	l 70	elk thistle	<i>Cirsium scariosum</i>	/
0.07	l 71	~ mountain grape-soda lupine	<i>Lupinus excubitus var. austromontanus</i>	2 / 1

1.84	l	157 ~	mountain red-root cryptantha	<i>Cryptantha micrantha var. lepida</i>	10 / 1
1.85	r	158 ~	summer snow	<i>Leptosiphon floribundus ssp. glaber</i>	2 / 1
	r		Galium angustifolium ssp. nudicaule next to ssp. angustifolium		
	r	159	Parish's goldenbush	<i>Ericameria parishii var. parishii</i>	50 / 3
1.93	l	160 sp	caterpillar phacelia?	<i>Phacelia cicutaria var. hispida?</i>	3 / 2
		161	white catch-fly	<i>Silene verecunda</i>	/
2.00	b	162	San Jacinto buckwheat	<i>Eriogonum apiculatum</i>	20 / 1
2.01			Trail curves right rounding a ridge.		
2.04	r		(Laguna Mtns. Goldenbush, <i>Ericameria cuneata var. macrocephala</i>)		
2.07	l	163	rush-rose	<i>Helianthemum scoparium</i>	99 / 1
2.09	b		Field of poodle-dog bush, <i>Eriodictyon parryi</i> , appearing like a cactus garden, in 2005.		
2.12	r	164	Laguna Mtns. goldenbush	<i>Ericameria cuneata var. macrocephala</i>	20 / 2
2.15			Trail turns right 90° and steps up steeply.		
2.17			Garnet Peak; elevation 6040 feet (1840 m). End Plant Guide. Turn around and retrace your route to the trailhead.		

http://tchester.org/sd/plants/guides/lagunas/garnet_peak_pp.html

Last update: 1 October 2016.

	b	72	purple clarkia	<i>Clarkia purpurea ssp. quadrivulnera</i>	20 / 3
0.07	r	73	plain mariposa lily	<i>Calochortus invenustus</i>	10 / 2
0.08	l	74	diamond-petaled clarkia	<i>Clarkia rhomboidea</i>	5 / 2
0.09			Cross wide shallow ditch.		
0.09	l	75	*ripgut brome	<i>Bromus diandrus</i>	99 / 9
0.09	b	76	California thistle	<i>Cirsium occidentale var. californicum</i>	20 / 9
0.09	b	77	Wright's thimblehead	<i>Hymenothrix wrightii</i>	20 / 1
0.10			T-jct. with PCT; go left on it.		
			The following three species were found before the junction with the PCT on 5/10/03, but do not yet have accurate locations.		
-	l	78	baby blue eyes	<i>Nemophila menziesii var. integrifolia</i>	30 / 5
-	r	79	Davidson's phacelia	<i>Phacelia davidsonii</i>	30 / 5
-		80	blue-eyed Mary	<i>Collinsia parviflora</i>	/
0.10	b	81	*annual blue grass	<i>Poa annua</i>	/
0.10	r	82	grand mountain dandelion	<i>Agoseris grandiflora var. grandiflora</i>	2 / 2
0.11	r	83	American vetch	<i>Vicia americana ssp. americana</i>	5 / 1
		84	globe gilia	<i>Gilia capitata ssp. abrotanifolia</i>	/
0.11	r		PCT signpost		
0.13	r	85	basketbush	<i>Rhus aromatica</i>	20 / 3
0.14	r	86	bristly bird's beak	<i>Cordylanthus rigidus ssp. setiger</i>	99 / 9
0.14	b				
0.16	l	87	splendid mariposa lily	<i>Calochortus splendens</i>	30 / 9
	r	88	dwarf lupine	<i>Lupinus bicolor</i>	1 / 1
0.18	r	~	(common wheat, <i>Triticum aestivum</i>)		
			<i>Phacelia imbricata</i> forest!		
0.18		89	golden yarrow	<i>Eriophyllum confertiflorum var. confertiflorum</i>	50 / 9
0.18	r	90	caraway-leaved gilia	<i>Saltugilia caruifolia</i>	99 / 9
0.18	l	91 sp	goosefoot violet?	<i>Viola purpurea?</i>	/
0.19	l	92	slender sunflower	<i>Helianthus gracilentus</i>	99 / 9
0.19	r	93	California buckwheat	<i>Eriogonum fasciculatum var. foliolosum</i>	50 / 9
0.20	l	94	short-lobed phacelia	<i>Phacelia brachyloba</i>	99 / 9
0.20	r	95	California buttercup	<i>Ranunculus californicus</i>	5 / 1
0.21	l	96	common bedstraw	<i>Galium aparine</i>	5 / 1
0.21	l	97	bush poppy	<i>Dendromecon rigida</i>	20 / 2
0.23	l	98 sp	scattered blazing star	<i>Mentzelia dispersa</i>	6 / 2
0.23	l	99	Davidson's buckwheat	<i>Eriogonum davidsonii</i>	20 / 3
0.23	l	100	yellow mariposa lily	<i>Calochortus weedii var. weedii</i>	50 / 9
0.23	l	101	southern honeysuckle	<i>Lonicera subspicata var. denudata</i>	10 / 2
0.23	l	102	chamise	<i>Adenostoma fasciculatum</i>	99 / 9
0.23	l	103	little monardella	<i>Monardella nana</i>	25 / 5
0.24	r	104	Sierra sanicle	<i>Sanicula graveolens</i>	1 / 1
0.24			Cross bulldozed path, probably from fire suppression from 2003 and 2013 fires.		
0.24	l	105	Parry's fringed onion	<i>Allium parryi</i>	20 / 1

0.24	b 106	hollyleaf redberry	<i>Rhamnus ilicifolia</i>	20 / 5	0.51	r 139	white-flowering currant	<i>Ribes indecorum</i>	3 / 3
0.25	l 107	southern tauschia	<i>Tauschia arguta</i>	30 / 9	0.59	l 140	western wallflower	<i>Erysimum capitatum</i> var. <i>capitatum</i>	50 / 3
0.25	r 108	Parish's needlegrass	<i>Stipa parishii</i> var. <i>parishii</i>	99 / 9	0.63	c 141 ~	Payson's wild cabbage	<i>Caulanthus simulans</i>	1 / 1
	l 109	golden-bowl mariposa	<i>Calochortus concolor</i>	30 / 6	0.71		On saddle; enter next drainage. The grove of trees to the left was burned in the 2003 fire.		
0.26	r	Burned PCT sign.			0.71	r	(hollyleaf cherry, <i>Prunus ilicifolia</i> ssp. <i>ilicifolia</i>)		
0.26	l 110	desert needlegrass	<i>Stipa speciosa</i>	5 / 2	0.73		Field of San Diego sunflower, <i>Hulsea californica</i> , in 2005.		
0.27	l 111	prickly poppy	<i>Argemone munita</i>	99 / 9	0.75	b 142	smoothleaf yerba santa	<i>Eriodictyon trichocalyx</i> var. <i>lanatum</i>	99 / 9
0.27	l 112	ashy silk tassel	<i>Garrya flavescens</i>	99 / 9	0.75	l 143	chaparral lotus	<i>Acmispon grandiflorus</i> var. <i>grandiflorus</i>	99 / 9
	r 113	Torrey's scrub oak	<i>Quercus acutidens</i>	99 / 9	0.76	l 144	Cleveland's beardtongue	<i>Penstemon clevelandii</i> var. <i>clevelandii</i>	5 / 2
0.28	b 114	oracle oak	<i>Quercus Xmorehus</i>	12 / 1	0.77	r 145	three-lobed oxytheca	<i>Sidotheca trilobata</i>	50 / 9
0.28	b 115	chaparral yucca	<i>Hesperoyucca whipplei</i>	50 / 9	0.83	r 146	San Bernardino suncup	<i>Camissoniopsis confusa</i>	/
0.28	l 116	whorledleaf penstemon	<i>Keckiella ternata</i> var. <i>ternata</i>	40 / 9	0.86	r	Jct. very short path to saddle overlook; (scarlet larkspur, <i>Delphinium cardinale</i> ; and Mt. Laguna alumroot, <i>Heuchera brevistaminea</i>) just below top of drainage.		
0.30		Trail curves left then right.			0.86	r 147	chaparral broomrape	<i>Orobanche bulbosa</i>	1 / 1
0.30	l 117	San Diego pea	<i>Lathyrus vestitus</i> var. <i>alefeldii</i>	3 / 2	0.87	l	(California bay, <i>Umbellularia californica</i>)		
0.30	l				0.93		Trail curves left to skirt drainage to right.		
0.31	r 118	yellow pincushion	<i>Chaenactis glabriuscula</i> var. <i>glabriuscula</i>	/			The following three species were found before mile 0.93 on 5/10/03, but do not have accurate location		
0.34	r 119	Parish's bluecurls	<i>Trichostema parishii</i>	99 / 9	-	l 148	bird's-foot fern	<i>Pellaea mucronata</i> var. <i>mucronata</i>	1 / 1
0.35	r 120	meally white pincushion	<i>Chaenactis artemisiifolia</i>	10 / 1	-	r 149	bajada lupine	<i>Lupinus concinnus</i>	/
0.36	l 121	sugar bush	<i>Rhus ovata</i>	3 / 2	-	150	*slender wild oats	<i>Avena barbata</i>	99 / 5
0.36	r	Jct. short path to overlook; switchback left.			0.95	r	Jct. old road to top of peak 5663 feet (1726 m); elevation here is 5580 feet (1700 m).		
0.37	r 122	California elegant rock-cress	<i>Boecheera californica</i>	4 / 1	0.97		Trail curves right rounding a ridge.		
0.38		The 2002 burn area began here; the whole trail was burned in 2013. The following two species were found before the 2002 burn area on 5/10/03, but do not yet have accurate locations.			1.02	l 151	golden ear drops	<i>Ehrendorferia chrysantha</i>	10 / 1
-	l 123	golden daisy	<i>Pentachaeta aurea</i>	/	1.03	l 152	California bee plant	<i>Scrophularia californica</i>	/
-	r 124	southern mountain woolly-star	<i>Eriastrum densifolium</i> ssp. <i>austromontanum</i>	/	1.15		Switchback left; jct. short trail to overlook.		
0.38	r 125	narrowleaf bedstraw	<i>Galium angustifolium</i> ssp. <i>angustifolium</i>	99 / 9	1.19		Switchback right.		
0.39	l 126	western redbud	<i>Cercis occidentalis</i>	50 / 1	1.23		Long curve left at drainage to right.		
0.40	l 127	saw-toothed goldenbush	<i>Hazardia squarrosa</i> var. <i>grindelioides</i>	99 / 9	1.24		<i>Calochortus concolor</i> on left; <i>C. weedii</i> ^2 on right!		
0.40	l 128	San Diego sunflower	<i>Hulsea californica</i>	99 / 9	1.26		Long curve right.		
0.41	b 129	showy penstemon	<i>Penstemon spectabilis</i> var. <i>spectabilis</i>	99 / 5	1.33		Trail turns left 90°		
0.44	l 130	sticky false-gilia	<i>Allophyllum glutinosum</i>	5 / 3	1.36	l	Jct. bulldozed fire break.		
0.44	b 131	interior live oak	<i>Quercus wislizeni</i> var. <i>frutescens</i>	3 / 2	1.37	l	scattered blazing star	<i>Mentzelia dispersa</i>	/
0.49	r 132	chaparral whitethorn	<i>Ceanothus leucodermis</i>	50 / 9	1.37	l 153	sand cress	<i>Calyptidium monandrum</i>	1 / 1
		The following species was found before mile 0.47 on 5/10/03, but it does not yet have an accurate location.			1.42		Long curve right.		
-	133	San Diego jewelflower	<i>Caulanthus heterophyllus</i> var. <i>heterophyllus</i>	/	1.47		Switchback left.		
0.47	r 134	giant four o'clock	<i>Mirabilis multiflora</i> var. <i>pubescens</i>	1 / 1	1.49	l 154	lace-fringed spineflower	<i>Chorizanthe fimbriata</i> var. <i>laciniata</i>	30 / 5
0.49	l 135	narrowleaf monardella	<i>Monardella linoides</i> ssp. <i>linoides</i>	8 / 2	1.49	l 155	Wallace's woolly daisy	<i>Eriophyllum wallacei</i>	1 / 1
0.49	l 136	white sage	<i>Salvia apiana</i>	6 / 1	1.61	b	Trail curves right; PCT posts.		
0.49	b 137 ~	giant needlegrass	<i>Stipa coronata</i>	30 / 1	1.62		Jct. Garnet Peak Trail; elevation 5480 feet (1670 m); turn right and take it.		
0.49	l 138	wide-throated yellow monkeyflower	<i>Mimulus brevipes</i>	10 / 1	1.63	l	Sign: "PCT (left); Garnet Peak Trail (ahead)"		
					1.66		Cross small drainage and trail turns left 90°		
					1.76	r 156 ~	naked-stem bedstraw	<i>Galium angustifolium</i> ssp. <i>nudicaule</i>	40 / 9