

**Plant Guide to Cedar Spring Trail: Trailhead to PCT, San Jacinto Mountains  
- Garner Valley Area**

1.86	r	116	?	unk scroph-type infl with woolly stem and leaves	?	5 / 1	
1.86	r	117	?	unk per with filago-type dead or aborted flowers on a white mugwort-like plant	?	5 / 2	
1.86	r			Check if these woolly very young plants are the same as one of the previous two species or Hulsea			
1.97				Switchback right			
2.10				Switchback left; elevation ~6620 feet (2018 m)			
2.14	r			(white everlasting, <i>Gnaphalium canescens ssp. microcephalum</i> )			
2.16				Switchback right			
2.24				Switchback left			
2.24	r	118	?	annual Chaenactis?	<i>Chaenactis?</i>	20 / 1	
2.28	l	119		California penstemon	<i>Penstemon californicus</i>	5 / 1	1
2.28	l		~	(Parish's tauschia, <i>Tauschia parishii</i> )			
2.28	l	120	?	beautiful hulsea?	<i>Hulsea vestita ssp. callicarpa?</i>	3 / 1	
2.29				Jct. PCT; elevation ~6780 feet (2067 m). See <a href="#">Guide to rest of Cedar Spring Trail</a> if you are continuing on this trail.			

[http://tchester.org/sb/plants/guides/cedar\\_spring\\_1.html](http://tchester.org/sb/plants/guides/cedar_spring_1.html)  
Updated 9 November 2008.

Mile	S	#	id?	Common Name	Latin Name	#here	#all
0.00				Begin guide just inside gate at trailhead, elevation 5480 feet (1670 m)			
0.00	r	1		California-aster	<i>Lessingia filaginifolia var. filaginifolia</i>	50 / 9	66
0.00	b	2		matchweed	<i>Gutierrezia sarothrae</i>	20 / 5	20
0.00	b	3		bristly bird's beak	<i>Cordylanthus rigidus ssp. setigerus</i>	99 / 9	39
0.00	r	4		basketbush	<i>Rhus trilobata</i>	20 / 3	30
0.00	l	5		*downy brome	<i>Bromus tectorum</i>	99 / 9	35
0.00	r	6		interior live oak	<i>Quercus wislizeni var. frutescens</i>	40 / 9	18
0.00	l	7		Davidson's buckwheat	<i>Eriogonum davidsonii</i>	50 / 9	23
0.00	l	8		birch-leaf mountain-mahogany	<i>Cercocarpus betuloides var. betuloides</i>	99 / 9	29
0.00	r	9		Parry's nolina	<i>Nolina parryi</i>	20 / 9	5
0.00	l	10		Torrey's scrub oak	<i>Quercus acutidens</i>	5 / 2	31
0.00	r	11	~	California elegant rock-cress	<i>Arabis sparsiflora var. californica</i>	20 / 9	3
0.00	b	12	~	Parish's needlegrass	<i>Achnatherum parishii</i>	50 / 9	13
0.00	l	13		Laguna manzanita	<i>Arctostaphylos glandulosa ssp. adamsii</i>	30 / 4	5
0.00	l	14		red shanks	<i>Adenostoma sparsifolium</i>	99 / 9	7
0.01	r	15		southern honeysuckle	<i>Lonicera subspicata var. denudata</i>	30 / 9	50
0.01	l	16		chaparral yucca	<i>Yucca whipplei</i>	50 / 9	39
0.02	r	17		pink-bracted manzanita	<i>Arctostaphylos pringlei ssp. drupacea</i>	5 / 5	12
0.02	r	18		cupped-leaf ceanothus	<i>Ceanothus greggii var. perplexans</i>	30 / 9	13
0.02	l		sp	(Young three needle pine: Coulter pine, <i>Pinus coulteri</i> , or Jeffrey pine, <i>Pinus jeffreyi</i> )			
0.02	r			Sign: "Cedar Spring Trail crosses private land; please stay on trail"			

0.03	l	19	canyon live oak	<i>Quercus chrysolepis</i>	99 / 9	39	1.06	r	103	bird's-foot fern	<i>Pellaea mucronata</i> var. <i>mucronata</i>	20 / 9	37	
0.03	r	20	mountain sagebrush	<i>Artemisia tridentata</i> ssp. <i>vaseyana</i>	20 / 4	11	1.06	r	104	sp wild Canterbury bells?	<i>Phacelia (minor?)</i>	30 / 9		
0.03	r		Sign: "Santa Rosa and San Jacinto Mountains Monument 3 miles ahead"					1.07	r	105	? unk annual <i>Asteraceae</i> with pappus of scales	<i>Chaenactis??</i>	1 / 1	
0.03	l	21	chamise	<i>Adenostoma fasciculatum</i>	3 / 1	44	1.07	r		(desert dudleya, <i>Dudleya saxosa</i> ssp. <i>aloides</i> )				
0.03	l	22	California buckwheat	<i>Eriogonum fasciculatum</i> var. <i>polifolium</i>	50 / 9	30	1.09	r	106	desert dudleya	<i>Dudleya saxosa</i> ssp. <i>aloides</i>	2 / 1	6	
0.03	l		(Vasey's prickly-pear, <i>Opuntia vaseyi</i> ; Wright's buckwheat, <i>Eriogonum wrightii</i> var. <i>membranaceum</i> ; phlox-leaved bedstraw, <i>Galium andrewsii</i> ssp. <i>andrewsii</i> ; desert globemallow, <i>Sphaeralcea ambigua</i> var. <i>rugosa</i> )					1.10		Switchback right				
0.04			Trail turns right					1.18		Switchback left				
0.05	l	23	California thistle	<i>Cirsium occidentale</i> var. <i>californicum</i>	20 / 9	19	1.23	r	107	sp annual monkeyflower	<i>Mimulus</i> sp.	3 / 1		
0.08	l	24	Vasey's prickly-pear	<i>Opuntia vaseyi</i>	3 / 3	30	1.29			Leave Girl Scout Property through gate into Forest Land				
0.08	l	25	San Jacinto Mtns. bedstraw	<i>Galium angustifolium</i> ssp. <i>jacinticum</i>	30 / 9	6	1.30	r	108	~ beady lipfern	<i>Cheilanthes covillei</i>	10 / 5	5	
0.08	l	26	white-margined oxytheca	<i>Oxytheca emarginata</i>	50 / 9	5	1.30	r		Check <i>Arctostaphylos glandulosa</i> here for subspecies; bracts seem to be leaf-like, leaves are not glaucous				
0.08	l	27	~ giant four o'clock	<i>Mirabilis multiflora</i> var. <i>pubescens</i>	4 / 4	6	1.30			Switchback right				
0.08	l	28	*common wheat	<i>Triticum aestivum</i>	1 / 1	4	1.37	l	109	Mojave prickly-pear	<i>Opuntia erinacea</i> var. <i>erinacea</i>	3 / 3	5	
0.09	l	29	desert globemallow	<i>Sphaeralcea ambigua</i> var. <i>rugosa</i>	20 / 9	6	1.40	l	110	whorledleaf penstemon	<i>Keckiella ternata</i> var. <i>ternata</i>	5 / 5	11	
0.09	b	30	bur-ragweed	<i>Ambrosia acanthicarpa</i>	20 / 3	23	1.40	l	111	rock goldenbush	<i>Ericameria cuneata</i> var. <i>cuneata</i>	10 / 3	8	
0.11	l		Water tank; trail turns right					1.42	l	~	(caterpillar phacelia, <i>Phacelia cicutaria</i> var. <i>hispida</i> )			
0.11	b	31	*shortpod mustard	<i>Hirschfeldia incana</i>	50 / 9	56	1.44			Switchback left; elevation 6200 feet (1890 m)				
0.12	r	32	~ western tansy-mustard	<i>Descurainia pinnata</i>	20 / 9			l	112	~ Veatch's blazing star	<i>Mentzelia veatchiana</i>	40 / 5	4	
0.13	b	33	~ spear-leaved mountain dandelion	<i>Agoseris retrorsa</i>	20 / 9	20	1.46	r	113	~ caterpillar phacelia	<i>Phacelia cicutaria</i> var. <i>hispida</i>	20 / 3	18	
0.14	b	34	sp Mariposa lily	<i>Calochortus</i> sp.	10 / 5		1.47	r	114	chia	<i>Salvia columbariae</i>	2 / 1	34	
0.14	r	35	sp popcorn flower	<i>Cryptantha</i> sp.	/		1.54			Switchback right				
0.14	l	36	ashy silk tassel	<i>Garrya flavescens</i>	20 / 9	10	1.62			Switchback left				
0.15	b	37	~ scarlet bugler	<i>Penstemon centranthifolius</i>	20 / 9	14	1.64	r	115	~ imbricate phacelia	<i>Phacelia imbricata</i>	10 / 4		
0.19	r	38	Mohave yucca	<i>Yucca schidigera</i>	1 / 1	14	1.70			Switchback right				
0.22	l	39	San Jacinto buckwheat	<i>Eriogonum apiculatum</i>	10 / 2	12	1.83			Switchback left; elevation ~6450 feet (1966 m)				



0.31	r	57	California coffeeberry	<i>Rhamnus californica</i>	30 / 9	8	0.59	l		Jct. use trail; leave continuous shade for patchy shade			
0.32	r	58	~ Palmer's ceanothus	<i>Ceanothus palmeri</i>	10 / 3	9	0.60	l	71	sp	suncup	<i>Camissonia sp.</i>	30 / 9
0.33			Leave Girl Scout Property; go through gate to Forest Service property that is leased for grazing				0.60	r	72		goldenstar	<i>Bloomeria crocea</i>	20 / 4 17
0.35	r	59	sp young three needle pine	<i>Pinus coulteri</i> or <i>P. ponderosa</i>	3 / 2	9	0.60	l	73	~	bajada lupine	<i>Lupinus concinnus</i>	1 / 1 21
0.35	r		(blue elderberry, <i>Sambucus mexicana</i> )				0.63	r	74		bracken	<i>Pteridium aquilinum</i> var. <i>pubescens</i>	20 / 2 24
0.36			Cross creek to left				0.63	l	75	?	scroph with dense sessile fruit	<i>Antirrhinum coulterianum</i> or <i>Linaria?</i>	30 / 9
0.36	l		Sign: "Picnic tables 0.7 mi; Cedar Spring 3 mi; West Fork 10 mi; Toll gate 15 mi"				0.63	l		?	(tall dead annual with pinnate leaves)		
0.36	l	60	Fremont's goosefoot	<i>Chenopodium fremontii</i>	20 / 9	17	0.67				Go through gate back on to Girl Scout Property; note big difference in plants due to grazing not occurring here		
0.37	r	61	goldenrod	<i>Solidago californica</i>	30 / 5	54	0.67	b	76		deergass	<i>Muhlenbergia rigens</i>	20 / 2 33
0.38	r		hairy-leaf version of California coffeeberry, <i>Rhamnus californica</i>				0.67	r	77		long-leaved aster	<i>Aster ascendens</i>	10 / 1 1
0.38	r		(velvet ash, <i>Fraxinus velutina</i> )				0.68	r		~	(smooth scouring rush, <i>Equisetum laevigatum</i> ; virgin's bower, <i>Clematis ligusticifolia</i> ; Pacific rush, <i>Juncus effusus</i> var. <i>pacificus</i> ; ~rigid hedge-nettle, <i>Stachys ~ajugoides</i> var. <i>rigida</i> ; willowherb, <i>Epilobium ciliatum</i> ssp. <i>ciliatum</i> )		
0.39	r		(California wild rose, <i>Rosa californica</i> ; California brickellbush, <i>Brickellia californica</i> )				0.68	b	78		Lewis' flax	<i>Linum lewisii</i> var. <i>lewisii</i>	5 / 1 2
0.39	l	62	~ angel's gilia	<i>Gilia angelensis</i>	30 / 3	16	0.68	r	79		*prickly lettuce	<i>Lactuca serriola</i>	3 / 1 48
0.40	r	63	arroyo willow	<i>Salix lasiolepis</i>	10 / 3	47	0.68	l	80	~	tower mustard	<i>Arabis glabra</i> var. <i>glabra</i>	10 / 1 2
0.42	b	64	Mexican rush	<i>Juncus mexicanus</i>	30 / 2	28	0.68	l	81		yarrow	<i>Achillea millefolium</i>	5 / 1 23
0.42			Cross creek to right				0.68	r	82		sticky lessingia	<i>Lessingia glandulifera</i> var. <i>glandulifera</i>	20 / 1 4
0.42	l	65	California wild rose	<i>Rosa californica</i>	40 / 5	16	0.68	b	83	~	*Oriental mustard	<i>Sisymbrium orientale</i>	50 / 9 18
0.44	l		(red willow, <i>Salix laevigata</i> )				0.73			sp	Jct. road; take it left (on right, past stream, is a clover, <i>Trifolium sp.</i> , and further is Mexican manzanita, <i>Arctostaphylos pungens</i> )		
0.46	l	66	incense-cedar	<i>Calocedrus decurrens</i>	1 / 1	24	0.74	l	84		California barberry	<i>Berberis aquifolium</i> var. <i>dictyota</i>	10 / 2 2
0.49			Cross creek to left				0.77	r	85		virgin's bower	<i>Clematis ligusticifolia</i>	10 / 2 10
0.50	r	67	velvet ash	<i>Fraxinus velutina</i>	20 / 3	5	0.77	r	86		stinging nettle	<i>Urtica dioica</i> ssp. <i>holosericea</i>	10 / 1 12
0.50	r		ponderosa pine	<i>Pinus ponderosa</i>	/		0.82	l	87		blue wildrye	<i>Elymus glaucus</i>	5 / 1 11
0.55	l	68	ssp San Diego pea	<i>Lathyrus vestitus</i> var. <i>alefeldii</i>	1 / 1	27	0.82	b			Huge weedpatch of Oriental mustard, <i>Sisymbrium orientale</i>		
0.58	l		golden yarrow	<i>Eriophyllum confertiflorum</i> var. <i>confertiflorum</i>	30 / 9	69	0.87	r			Two picnic tables		
0.59	l	69	~ globe gilia	<i>Gilia capitata</i> ssp. <i>abrotanifolia</i>	40 / 9	9							
0.59	r	70	wild tarragon	<i>Artemisia dracunculus</i>	20 / 3	35							