

0.82		End bridge			
0.82	r 163	clustered field sedge	<i>Carex praegracilis</i>	3 / 2	9
0.83		Trail turns left 90°			
0.83	1 164	*little horseweed	<i>Conyza bonariensis</i>	1 / 1	16
0.85	1	(greater periwinkle, <i>Vinca major</i> , on far bank)			
0.87	1 165	Vasey's prickly-pear	<i>Opuntia vaseyi</i>	1 / 1	24
0.89	1	Sign: "Sensitive wetland area. Do not enter".			
0.89		Trail jogs right. Note granary branch on ground; it was hanging just above your head over the trail until 2006			
0.90	1 166	*orchard-grass	<i>Dactylis glomerata</i>	20 / 2	3
0.90	1 167	*whorled dock	<i>Rumex conglomeratus</i>	1 / 1	11
0.95		End Adobe Loop Trail at jct. with Lomas Trail; elevation 1840 feet (561 m)			

http://tchester.org/srp/plants/guides/adobe_loop.html

Updated 28 April 2006.

Plant Guide to Adobe Loop Trail, Santa Rosa Plateau

Mile	s	#	id?	Common Name	Latin Name	#here	#all
Begin the loop at the south entrance, immediately south of the largest Adobe / Porta-Potty / parking lot. Sign: "Adobe Loop Trail / Punta Mesa Trail; to Monument Hill Road 2.4 mi; to Adobe Loop Jct. 0.4 mi"; elevation 1840 feet (561 m)							
0.00							
0.00	b	1		*California burclover	<i>Medicago polymorpha</i>	99 / 9	40
0.00	b	2		*short-fruited filaree	<i>Erodium brachycarpum</i>	20 / 9	14
0.00	1			(bull thistle, <i>Cirsium vulgare</i>)			
0.00	b	3		*shortpod mustard	<i>Hirschfeldia incana</i>	99 / 9	51
0.00	b	4		*redstem filaree	<i>Erodium cicutarium</i>	99 / 9	55
0.00	b	5		*soft chess	<i>Bromus hordeaceus</i>	99 / 9	40
0.00	r	6		*hairy rattail fescue	<i>Vulpia myuros var. hirsuta</i>	99 / 9	19
0.00	b	7		*Italian rye-grass	<i>Lolium multiflorum</i>	99 / 9	18
0.00	b	8		*wild oats	<i>Avena fatua</i>	99 / 9	26
0.00	r	9		*white-stemmed filaree	<i>Erodium moschatum</i>	30 / 2	20
0.00	b	10		*foxtail barley	<i>Hordeum murinum ssp. glaucum</i>	30 / 3	13
0.00	c	11		*narrowleaf filago	<i>Filago gallica</i>	99 / 9	45
0.00	b	12		*ripgut brome	<i>Bromus diandrus</i>	99 / 9	52
0.00	1	13		*prickly sow thistle	<i>Sonchus asper ssp. asper</i>	20 / 7	30
0.00	r	14		purple needlegrass	<i>Nassella pulchra</i>	50 / 9	20
0.00		15		California everlasting	<i>Gnaphalium californicum</i>	20 / 9	43
0.00	r	16		horseweed	<i>Conyza canadensis</i>	5 / 3	37
0.00	1	17		*horehound	<i>Marrubium vulgare</i>	50 / 9	32
0.00	r	18		coast live oak	<i>Quercus agrifolia var. agrifolia</i>	20 / 9	42
0.00	r	19		*tall fescue	<i>Festuca arundinacea</i>	1 / 1	3
0.00	b	20		*prickly lettuce	<i>Lactuca serriola</i>	99 / 9	42
0.00				Cross through opening in fence missing its gate.			
0.00	c	21		*shepherd's purse	<i>Capsella bursa-pastoris</i>	30 / 2	10
0.00	r	22		*cheeseweed	<i>Malva parviflora</i>	20 / 2	17
0.01	r	23		*sow thistle	<i>Sonchus oleraceus</i>	10 / 5	42
0.02	c	24		*knotweed	<i>Polygonum arenastrum</i>	20 / 5	20
0.02	r			(stinking gourd, <i>Cucurbita foetidissima</i>)			
0.02	b	25		*curly dock	<i>Rumex crispus</i>	20 / 9	23
0.03	r			(common fiddleneck, <i>Amsinckia menziesii var. intermedia</i>)			

0.03	c	26	red maids	<i>Calandrinia ciliata</i>	/	17	0.60		Cross very small drainage			
0.03			Cross through open gate in fence				0.61	c 148	Mexican rush	<i>Juncus mexicanus</i>	10 / 3	16
0.04	r	27	graceful tarplant	<i>Holocarpha virgata ssp. elongata</i>	50 / 9	15	0.62	r	Cross just above head of drainage			
0.05	l	28	hollyleaf redberry	<i>Rhamnus ilicifolia</i>	5 / 3	43	0.62	149	*fennel	<i>Foeniculum vulgare</i>[±]	1 / 1	13
0.05	r	29	blue-eyed grass	<i>Sisyrinchium bellum</i>	20 / 9	19	0.66	l 150	blue elderberry	<i>Sambucus mexicana</i>	2 / 2	48
0.05	l		Beware the bee's nest at the base of the hollyleaf redberry in 2002 and 2003!				0.66	r	(hybrid wild-rye, <i>Leymus Xmultiflorus</i> = <i>L. condensatus</i> X <i>L. triticoides</i>)			
0.05	l		New shed in 2004				0.67	r	(red willow, <i>Salix laevigata</i>[±])			
0.06	l		(California buckwheat, <i>Eriogonum fasciculatum</i> var. <i>foliolosum</i>)						(In drainage: Pacific rush, <i>Juncus effusus</i> var. <i>pacificus</i> ; wrinkled rush, <i>Juncus rugulosus</i> ; sand spikerush, <i>Eleocharis montevidensis</i> ; cocklebur, <i>Xanthium strumarium</i> ; spike primrose, <i>Epilobium densiflorum</i> ; narrow-leaf milkweed, <i>Asclepias fascicularis</i> ; Emory's baccharis, <i>Baccharis emoryi</i> ; mule fat, <i>Baccharis salicifolia</i> ; water cress, <i>Rorippa nasturtium-aquaticum</i>)			
0.06	l	30	*windmill pink	<i>Silene gallica</i>	/	33	0.69	r				
0.07	l	31	purple sanicle	<i>Sanicula bipinnatifida</i>	50 / 9	11						
0.07	l	32	blue dicks	<i>Dichelostemma capitatum ssp. capitatum</i>	50 / 9	46	0.69	r	(deergrass, <i>Muhlenbergia rigens</i>)			
0.07	l	33	checkerbloom	<i>Sidalcea malviflora ssp. sparsifolia</i>	50 / 9	25	0.70	l	Sign: "Trail Closed" (for path leading to Reserve Resource Manager's House)			
0.07	l		The Earl W. Lathrop Bench.				0.72	r	(pecan, <i>Carya illinoensis</i>)			
0.09	l	34	*slender wild oats	<i>Avena barbata</i>	10 / 1	40	0.72	r 151	*dallis grass	<i>Paspalum dilatatum</i>	1 / 1	10
0.11			Cross drainage				0.73	l 152	Indian milkweed	<i>Asclepias eriocarpa</i>	10 / 2	18
0.12	r	35	purple clarkia	<i>Clarkia purpurea ssp. quadrivulnera</i>	99 / 9	26	0.73	r	(bristly ox-tongue, <i>Picris echioides</i>)			
0.13	r	36	southern miner's lettuce	<i>Claytonia perfoliata ssp. mexicana</i>	40 / 9	25	0.73		Enter riparian woodland.			
0.13	r	37	western buttercup	<i>Ranunculus occidentalis</i>	99 / 9	6	0.76	r	Sign: "When Rock and Water Meet" (tenaja); go to the tenaja for the next two species			
0.14	r	38	dwarf lupine	<i>Lupinus bicolor</i>	50 / 9	29	0.76	r 153	panicked bulrush	<i>Scirpus microcarpus</i>	30 / 2	2
0.14	c	39	shining peppergrass	<i>Lepidium nitidum</i> var. <i>nitidum</i>	/	6	0.76	r 154	*grass poly	<i>Lythrum hyssopifolia</i>	5 / 1	15
0.14	b	40	California-aster	<i>Lessingia filaginifolia</i> var. <i>filaginifolia</i>	30 / 9	51	0.79	l	Red bench			
0.14	b	41	*smooth cat's ear	<i>Hypochaeris glabra</i>	99 / 9	35	0.81	l	Virginia C. House Bench			
0.14	l	42	Engelmann oak	<i>Quercus engelmannii</i>	1 / 1	23	0.82		Begin bridge over Ranch Creek			
0.15	l	43	climbing bedstraw	<i>Galium nuttallii</i> ssp. <i>nuttallii</i>	10 / 9	30	0.82	l 155	narrow-leaf milkweed	<i>Asclepias fascicularis</i>	5 / 1	8
0.15	b	44	*hedge parsley	<i>Torilis nodosa</i>	99 / 9	14	0.82	l 156	sand spikerush	<i>Eleocharis montevidensis</i>	10 / 1	7
0.15	r	45	slender madia	<i>Madia gracilis</i>	50 / 9	19	0.82	l 157	Pacific rush	<i>Juncus effusus</i> var. <i>pacificus</i>	1 / 1	4
0.15	r	46	sticky cinquefoil	<i>Potentilla glandulosa</i> ssp. <i>glandulosa</i>	10 / 2	17	0.82	l 158	*English plantain	<i>Plantago lanceolata</i>	1 / 1	19
0.15	r	47	southern honeysuckle	<i>Lonicera subspicata</i> var. <i>denudata</i>	20 / 9	40	0.82	b 159	*spearmint	<i>Mentha spicata</i> var. <i>spicata</i>	10 / 1	4
							0.82	l 160	water cress	<i>Rorippa nasturtium-aquaticum</i>	2 / 1	11
							0.82	l 161	Hooker's evening-primrose	<i>Oenothera elata</i> ssp. <i>hirsutissima</i>[±]	2 / 1	10
							0.82	l	(giant chain fern, <i>Woodwardia fimbriata</i>)			
							0.82	l 162	scarlet monkeyflower	<i>Mimulus cardinalis</i>	2 / 1	15

0.43	r	124	~	canyon clarkia	<i>Clarkia epilobioides</i>	10 / 1	11	0.15	r	48	coast-range melic	<i>Melica imperfecta</i>	50 / 9	43
0.43	b	125		rattlesnake weed	<i>Daucus pusillus</i>	40 / 9	29	0.15	b	49	toyon	<i>Heteromeles arbutifolia</i>	3 / 3	44
0.43	l			(white everlasting, <i>Gnaphalium canescens</i> ssp. <i>microcephalum</i>)				0.15	r	50	common bedstraw	<i>Galium aparine</i>	99 / 9	38
0.43	l	126		short-winged deerweed	<i>Lotus scoparius</i> var. <i>brevialatus</i>	2 / 1	23	0.15	b	51	poison oak	<i>Toxicodendron diversilobum</i>	99 / 9	43
0.44				Jct. with Punta Mesa Trail; go left; elevation 1800 feet (549 m); sign: "Adobe Loop / Punta Mesa Trail"; trail now descends				0.15	r	52	laurel sumac	<i>Malosma laurina</i>	10 / 3	42
0.44	r	127		strigose lotus	<i>Lotus strigosus</i>	2 / 1	35	0.15	b	53	California brome	<i>Bromus carinatus</i> var. <i>carinatus</i>	5 / 2	24
0.44	r	128		southern Indian pink	<i>Silene laciniata</i> ssp. <i>major</i>	/	20	0.15	r		(heartleaf penstemon, <i>Keckiella cordifolia</i>)			
0.45	l	129		Spanish clover	<i>Lotus purshianus</i> var. <i>purshianus</i>	/	31	0.15	b	54	California sweet-cicely	<i>Osmorhiza brachypoda</i>	50 / 9	6
0.45	l	130		Chinese houses	<u><i>Collinsia heterophylla</i></u> [±]	50 / 2	14	0.15	r	55	blue wildrye	<i>Elymus glaucus</i> ssp. <i>glaucus</i>	40 / 9	21
0.45	r	131		giant wild-rye	<i>Leymus condensatus</i>	2 / 2	27	0.15	r	56	*cut-leaved geranium	<i>Geranium dissectum</i>	50 / 4	13
0.45	b			common chickweed, <i>Stellaria media</i> , with petals				0.15	r	57	*weak blue grass	<i>Poa infirma</i>	30 / 2	6
0.47	l	132		basketbush	<i>Rhus trilobata</i>	1 / 1	24	0.16	r	58	*common groundsel	<i>Senecio vulgaris</i>	2 / 1	18
0.52	r			(Beehive in tree)				0.16	r		<u>Either an unusual coast live oak, or possibly a hybrid with interior live oak, <i>Quercus agrifolia</i> var. <i>agrifolia</i> X <i>Quercus wislizeni</i> var. <i>frutescens</i></u> [±]			
0.52	r	133		telegraph weed	<i>Heterotheca grandiflora</i>	/	37	0.16	l	59	leafy daisy	<i>Erigeron foliosus</i> var. <i>foliosus</i>	4 / 3	44
0.53	l	134		tree clover	<i>Trifolium ciliolatum</i>	10 / 1	12	0.16	l	60	fragrant everlasting	<i>Gnaphalium canescens</i> ssp. <i>beneolens</i>	2 / 2	23
0.54	l	135	~	*yellow salsify	<u><i>Tragopogon dubius</i></u> [±]	1 / 1	13	0.16	r	61	blue larkspur	<i>Delphinium parryi</i> ssp. <i>parryi</i>	20 / 2	14
0.54	r	136		western sycamore	<i>Platanus racemosa</i>	1 / 1	27	0.17	l		A white-flowered "blue-eyed grass", <i>Sisyrinchium bellum</i>			
0.54	b	137		*bull thistle	<i>Cirsium vulgare</i>	30 / 9	19	0.17	b	62	dove weed	<i>Eremocarpus setigerus</i>	10 / 2	25
0.55				Trail turns left 90°				0.17	r	63	shooting star	<i>Dodecatheon clevelandii</i> ssp. <i>clevelandii</i>	50 / 5	11
0.55	r	138		western ragweed	<i>Ambrosia psilostachya</i>	50 / 9	37	0.17	r		Beautiful field of shooting stars.			
0.56	l	139		*sourclover	<i>Melilotus indicus</i>	5 / 1	24	0.17	l		(American vetch, <i>Vicia americana</i> var. <i>americana</i> ; white-flowering currant, <i>Ribes indecorum</i>)			
0.56	l			Field of autumn willowweed, <i>Epilobium brachycarpum</i>				0.17	b	64	slender cottonweed	<i>Micropus californicus</i> var. <i>californicus</i>	99 / 5	7
0.56	l	140		autumn willowweed	<i>Epilobium brachycarpum</i>	10 / 1	4	0.17	r	65	California lotus	<i>Lotus wrangelianus</i>	99 / 5	4
0.56	r	141		arroyo willow	<i>Salix lasiolepis</i>	2 / 2	35	0.17	l	66	Gambel's dwarf milk-vetch	<i>Astragalus gambelianus</i>	40 / 2	4
0.57	b	142		*Himalaya blackberry	<i>Rubus discolor</i>	10 / 3	3	0.17	l	67	vinegar weed	<i>Trichostema lanceolatum</i>	10 / 2	15
0.58				Cross drainage; elevation 1760 feet (536 m); trail curves left				0.17	b	68	*nit grass	<i>Gastridium ventricosum</i>	99 / 9	26
0.58	l	143		rigid hedge-nettle	<i>Stachys ajugoides</i> var. <i>rigida</i>	5 / 2	13	0.17	b	69	*red brome	<i>Bromus madritensis</i> ssp. <i>rubens</i>	/	53
0.59	b	144		California poppy	<i>Eschscholzia californica</i>	10 / 2	29	0.17	l	70	*goldentop	<i>Lamarckia aurea</i>	10 / 1	24
0.60	r	145		creeping wild rye	<i>Leymus triticoides</i>	20 / 2	12	0.18	l		(San Diego wreathplant, <i>Stephanomeria diegensis</i>)			
0.60	r			Field of slender madia, <i>Madia gracilis</i>				0.19	r	71	johnny jump-up	<i>Viola pedunculata</i>	20 / 4	16
0.60	l	146		*field hedge-parsley	<i>Torilis arvensis</i>	50 / 1	6							
0.60	r			(shining willow, <i>Salix lucida</i> ssp. <i>lasiandra</i>)										
0.60	r	147		saltgrass	<i>Distichlis spicata</i>	20 / 2	17							

0.19	l	72	California buckwheat	<i>Eriogonum fasciculatum</i> var. <i>foliolosum</i>	3 / 2	51	0.26	r	97	purple head	<i>Acourtia microcephala</i>	1 / 1	19
0.19	r	73	California plantain	<i>Plantago erecta</i>	99 / 9	13	0.26	l	98	black sage	<i>Salvia mellifera</i>	10 / 5	40
0.19	r	74	earth brodiaea	<i>Brodiaea terrestris</i> ssp. <i>kernensis</i>	10 / 1	7	0.26	r	99	slender vetch	<i>Vicia hassei</i>	10 / 2	6
0.19	r		Nice field of needlegrass.				0.26	r	100	narrowleaf bedstraw	<i>Galium angustifolium</i> ssp. <i>angustifolium</i>	2 / 2	50
0.21	b	75	*mouse-ear chickweed	<i>Cerastium glomeratum</i>	50 / 9	19	0.26	r	101	southern foothill penstemon	<i>Penstemon heterophyllus</i> var. <i>australis</i>	20 / 2	2
0.21	r		(Italian thistle, <i>Carduus pycnocephalus</i>)				0.26	r	102	white sage	<i>Salvia apiana</i>	10 / 5	38
0.21	r		(soap plant, <i>Chlorogalum pomeridianum</i> var. <i>pomeridianum</i>)				0.27			(goldback fern, <i>Pentagramma triangularis</i> ssp. <i>triangularis</i>)			
0.21	r	76	three spot	<i>Osmadenia tenella</i>	30 / 1	15	0.27	r	103	pygmy-weed	<i>Crassula connata</i>	99 / 9	28
0.22	r	77	*sand spurrey	<i>Spergularia bocconei</i>	20 / 2	14	0.27	r	104	goldfields	<i>Lasthenia californica</i>	2 / 1	12
0.23	r	78	coast jepsonia	<i>Jepsonia parryi</i>	30 / 2	15	0.27	r	105	toad rush	<i>Juncus bufonius</i> var. <i>bufonius</i>	/	14
0.23	r	79	*barbgrass	<i>Hainardia cylindrica</i>	40 / 2	1	0.28	r		Corestone eroding out of the Woodson Mountain granodiorite			
0.24	l	80	deerweed	<i>Lotus scoparius</i> var. <i>scoparius</i>	40 / 5	29	0.30	r	106	western lady's mantle	<i>Aphanes occidentalis</i>	30 / 2	3
0.24	b	81	Torrey's scrub oak	<i>Quercus acutidens</i>	50 / 9	26	0.32	b	107	San Diego birdsfoot lotus	<i>Lotus hamatus</i>	30 / 2	24
0.24	r	82	wild-cucumber	<i>Marah macrocarpus</i> var. <i>macrocarpus</i>	4 / 4	44	0.32	r	108	goldenstar	<i>Bloomeria crocea</i>	2 / 2	12
0.24	r	83	heartleaf penstemon	<i>Keckiella cordifolia</i>	10 / 3	28	0.34	l	109	*tocalote	<i>Centaurea melitensis</i>	20 / 9	45
0.24	r	84	splendid mariposa lily	<i>Calochortus splendens</i>	10 / 9	20	0.34	c	110	*pineapple weed	<i>Chamomilla suaveolens</i>	1 / 1	19
0.24	r	85	soap plant	<i>Chlorogalum pomeridianum</i> var. <i>pomeridianum</i>	50 / 9	19	0.34	r	111	slender wreathplant	<i>Stephanomeria exigua</i> ssp. <i>deanei</i>	2 / 2	14
0.24	r	86	white-flowering currant	<i>Ribes indecorum</i>	1 / 1	22	0.34	r	112	San Diego mountain mahogany	<i>Cercocarpus minutiflorus</i>	4 / 2	12
0.24	r	87	Pacific sanicle	<i>Sanicula crassicaulis</i>	30 / 9	20	0.35	r	113	*common chickweed (no petals in first location!)	<i>Stellaria media</i> [±]	30 / 2	25
0.24	r	88	holly-leaf navarretia	<i>Navarretia atractyloides</i>	50 / 9	9	0.35	l	114	*olive	<i>Olea europaea</i>	4 / 4	10
0.24	r	89	*tiny bedstraw	<i>Galium murale</i>	99 / 9	2	0.35	r	115	Eastwood manzanita	<i>Arctostaphylos glandulosa</i> ssp. <i>zacaensis</i>	2 / 1	11
0.24	r	90	California sagebrush	<i>Artemisia californica</i>	50 / 9	47	0.37	b	116	bush monkeyflower	<i>Mimulus aurantiacus</i>	10 / 7	42
0.25	b	91	bristly bird's beak	<i>Cordylanthus rigidus</i> ssp. <i>setigerus</i>	50 / 9	28	0.39	l	117	*scarlet pimpernel	<i>Anagallis arvensis</i>	50 / 9	33
0.25	r		(coyote bush, <i>Baccharis pilularis</i>)				0.39	r	118	long-leaf plantain	<i>Plantago elongata</i>	99 / 2	2
0.25	r	92	chamise	<i>Adenostoma fasciculatum</i>	20 / 9	37	0.40	r	119	eucrypta	<i>Eucrypta chrysanthemifolia</i> var. <i>chrysanthemifolia</i>	20 / 3	25
0.25	r	93	golden yarrow	<i>Eriophyllum confertiflorum</i> var. <i>confertiflorum</i>	20 / 9	55	0.41	b	120	rusty-haired popcorn flower	<i>Plagiobothrys nothofulvus</i>	40 / 3	13
0.25	r	94	saw-toothed goldenbush	<i>Hazardia squarrosa</i> var. <i>grindeloides</i>	3 / 2	35	0.42	l	121	*hedge mustard	<i>Sisymbrium officinale</i>	50 / 4	20
0.25	r	95	Parish's purple nightshade	<i>Solanum parishii</i>	20 / 4	20	0.42	r		(Woodrat's nest in tree)			
0.25	b	96	San Diego pea	<i>Lathyrus vestitus</i> var. <i>alefeldii</i>	4 / 3	21	0.43	b	122	Pomona locoweed	<i>Astragalus pomonensis</i>	2 / 1	11
0.25	r		(meadow-rue, <i>Thalictrum fendleri</i> var. <i>polycarpum</i>)				0.43	l	123	canchalagua	<i>Centaureium venustum</i>	3 / 1	15